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**OPTIMIZING THE HUMAN ELEMENT - USING AI AND
MACHINE LEARNING FOR TALENT MANAGEMENT AND
FORCE READINESS IN DEFENSE**

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Abstract

This paper investigates the transformative potential of Artificial Intelligence (AI) and Machine Learning (ML) in revolutionizing defense-sector talent management and force readiness. For decades, military organizations have operated on an industrial-age personnel model characterized by rigid career paths, seniority-based promotions, and aggregate readiness metrics. This legacy system is increasingly untenable in an era defined by multi-domain operations, cyber warfare, and a high-stakes "war for talent" against the private sector. We argue that AI/ML represents a paradigm shift from reactive personnel administration to predictive talent optimization. This paper analyzes the application of AI across the entire personnel lifecycle: from predictive recruitment and personalized adaptive training to dynamic career pathing and high-fidelity, individualized readiness tracking. It explores how ML models can identify high-potential recruits for specialized fields, create adaptive learning systems that optimize skill acquisition, and power "talent marketplaces" that align individual competencies with emerging strategic needs. Furthermore, we examine the use of AI in moving beyond static unit reports to a real-time, predictive model of force readiness, encompassing individual physical and cognitive well-being. The paper's expected conclusions are threefold. First, the adoption of AI in talent management is no longer optional but a strategic imperative for maintaining a competitive military advantage. Second, this transition enables a move to a human-centric force, where individual potential is maximized, leading to higher retention and more effective "super teams." Finally, this transformation is fraught with significant ethical and technical risks—including algorithmic bias, the "black box" problem, and new data vulnerabilities—that require the establishment of robust ethical guardrails and a "human-in-the-loop" governance framework.

Keywords: Talent Management, Force Readiness, Artificial Intelligence (AI), Machine Learning (ML), Human Resources (HR), Predictive Analytics, Defense, Military Personnel, Adaptive Learning, War for Talent

1. Introduction

In the 21st century, the decisive element in warfare is no longer the mass of armies but the cognitive and technical acuity of the individuals within them. The modern battlespace—a multi-domain contest spanning land, sea, air, space, and cyberspace—is defined by speed, data, and rapid adaptation. In this environment, the "human element" has become the military's most critical asset and its most significant strategic vulnerability. As the U.S. National Defense Strategy (2022) notes, the "creativity and talent of the American warfighter" is a core asymmetric advantage.

Yet, the systems that defense organizations use to recruit, train, manage, and deploy this talent remain largely artifacts of the industrial age. The current personnel paradigm is a "one-size-fits-all" bureaucratic process built on standardized testing, lock-step career ladders, "up-or-out" promotion policies, and subjective annual reviews. This system is slow, inefficient, and ill-equipped to identify, nurture, or retain the specialized, diverse talent required for information-age warfare.



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"The competition for talent is a global one, and it is a national security risk. We are in a 'war for talent' against the private sector and against strategic competitors. The DoD's industrial-age personnel system is a significant disadvantage in this competition." (Paraphrased from various DoD and NSCAI reports)

This paper argues that the integration of Artificial Intelligence (AI) and Machine Learning (ML) offers a revolutionary solution to this strategic mismatch. It enables a fundamental shift from a model of personnel administration to one of predictive talent optimization. By leveraging data, AI/ML systems can provide a high-fidelity understanding of every individual in the force, allowing defense leaders to optimize recruitment, personalize training, custom-tailor career paths, and predict force readiness with unprecedented accuracy. This is not a simple automation of existing HR processes; it is a complete re-imagining of how a military force understands, cultivates, and deploys its human element.

Also my paper will proceed in five parts. Section 2 will contrast the legacy industrial-age personnel model with the demands of the modern "war for talent." Section 3 will form the core of the analysis, exploring the "AI engine of talent management" across the personnel lifecycle, from recruitment and training to dynamic career pathing. Section 4 will analyze how AI/ML can be used to build a new, predictive model of force readiness. Section 5 will critically examine the profound ethical challenges, data risks, and governance problems inherent in this AI-driven approach. The paper will conclude that while the path is complex, the military that successfully masters AI-driven talent management will gain a decisive and enduring strategic advantage.

2. The Industrial-Age System in an Information-Age Conflict

The foundational personnel architecture of most Western militaries was designed in the 20th century to manage a large, homogenous, conscript-based force. Its primary virtues were administrative efficiency, standardization, and interchangeability. This legacy model is defined by several key, and now problematic, features.

First, its talent identification is crude. Recruitment relies heavily on broad aptitude tests (like the ASVAB in the U.S.) that are poor predictors of success in high-demand, specialized fields like cyber operations, data science, or psychological operations. They test for general knowledge, not latent potential or niche skills.

Second, its career development is rigid. Personnel are funneled into siloed career fields (e.g., infantry, logistics, intelligence) with little opportunity for cross-functional movement. Promotion is tied more to "time-in-grade" and seniority than to demonstrated skill or potential, creating a system that often frustrates and alienates high-performers (RAND Corporation, 2019). This "up-or-out" policy forces talented specialists to either become managers (a role they may not want or be suited for) or leave the service.

Third, its retention model is reactive. The military often does not know why its best and brightest are leaving until the exit interview, by which point it is too late. It lacks the tools to predict attrition risks for high-value individuals and intervene with targeted incentives.

Finally, its readiness model is aggregate and subjective. A unit commander reports their readiness (e.g., a "C-1" or "C-2" rating) based on broad categories of personnel, equipment, and training. This "snapshot" report is often out-of-date by the time it reaches senior leaders and fails to capture the granular, individual-level data that truly defines a unit's combat effectiveness.

This industrial-age system now faces an existential crisis: the "war for talent." A skilled data scientist, cyber operator, or AI engineer is now as valuable to national defense as a fighter pilot. These individuals, however, are not motivated by traditional military career paths. They are "digital



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natives" who expect dynamic careers, continuous learning, and merit-based advancement. They are being aggressively recruited by a private sector that offers higher salaries and more flexible work environments. As the U.S. National Security Commission on AI (NSCAI) report (2021) bluntly stated:

"The U.S. government is not prepared to defend the United States in the coming AI era... the government is not organizing to win the technology competition... A core part of 'winning' is first winning the competition for human talent."

3. The Industrial - Age System in an Information-Age Conflict

An AI-driven talent management system offers a data-rich, personalized, and predictive alternative to the legacy model. It reframes the "human element" not as a set of inventory to be managed, but as a portfolio of capabilities to be cultivated.

3.1 Predictive Recruitment - Finding the "Needle in the Haystack"

The challenge is not just finding more recruits, but finding the right recruits. ML models can revolutionize this process by moving beyond standardized scores. This is a "Moneyball" approach to recruiting (Laird, 2020). By analyzing vast, anonymized datasets—encompassing demographic, educational, psychometric, and even publicly available online data (like coding contributions on GitHub)—an AI can build "success profiles" for mission-critical roles.

For example, an ML model could identify the subtle, non-obvious traits that correlate with a highly successful intelligence analyst or cyber operator. This allows recruiters to focus their efforts on high-potential candidates who might have been overlooked by traditional screening. This also allows for the "personalization" of the recruiting pitch itself, with AI-driven systems tailoring outreach to resonate with a specific individual's likely motivators (e.g., service, technical challenge, educational benefits). A 2020 report from the U.S. Army Research Institute highlighted the potential for ML to identify "new-to-the-Army" talent pools, expanding the recruiting base beyond its traditional demographics (U.S. Army, 2020).

a. Personalized Training and Education

The "one-size-fits-all" classroom model is a relic. AI enables a shift to Adaptive Learning Systems (ALS) that function as personal digital tutors. An ALS, often developed from programs initiated by agencies like DARPA, can assess a soldier's knowledge base and learning style in real-time, then dynamically adjust the curriculum (DARPA, 2019). If a soldier is struggling with a concept, the AI provides remedial exercises; if they are excelling, it accelerates them to more advanced material.

This is particularly transformative for highly technical fields. Instead of a 52-week training pipeline where all students move at the same speed, an ALS could allow a gifted cyber trainee to graduate in 30 weeks, while providing the necessary 60 weeks for another who struggles but shows high potential. Furthermore, AI-driven synthetic training environments (STE) can create hyper-realistic, adaptive scenarios where soldiers and teams can train against an "AI opponent" that learns and adapts to their tactics, dramatically increasing the quality and cognitive load of training.

3.3 Dynamic Career Pathing & Predictive Retention

Perhaps the most revolutionary application of AI is in "career-pathing." The rigid, linear career ladder is replaced by an AI-powered "talent marketplace." The U.S. Army has already begun implementing this with its "Army Talent Alignment Process" (ATAP).



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This system functions like an internal LinkedIn, actively managing the careers of all personnel. An AI "career advisor" would analyze a soldier's complete profile—their skills, performance reviews, preferences, and even "latent" skills identified by the system—and match them with opportunities. It might recommend a specific assignment, a new skill certification, or an advanced degree, all designed to optimize that individual's potential while simultaneously filling a critical need for the force.

"Instead of just 'filling billets,' a talent marketplace actively matches the 'supply' of individual officer talents with the 'demand' of unit requirements, using market-based principles and data-driven insights. It empowers individuals to have a say in their own career, increasing engagement and retention." (U.S. Army, 2021)

This system's data-rich environment also powers predictive retention. By analyzing patterns in performance, assignment history, pay, and even sentiment, an ML model can identify high-value personnel who are at high risk of leaving the service *before* they make the decision. This "early warning" allows leaders and HR managers to intervene with targeted incentives, whether it's a bonus, a stabilization offer, a more challenging assignment, or an opportunity for family care. This is a surgical, data-driven approach to retaining the talent that matters most.

4. AI-Driven Force Readiness - A Real-Time Dashboard

The ultimate goal of talent management is force readiness. AI allows commanders to move from subjective, aggregate reports to a granular, predictive, real-time understanding of their force.

4.1 From Aggregate to Individual Readiness

A future readiness dashboard, powered by AI, would pull real-time data from hundreds of sources for every individual in a unit. It would track:

- Medical Status: Data from health records and even personal wearables (e.g., sleep patterns, heart rate variability).
- Training Status: Automatic logging of all completed training, certifications, and "skill decay" (i.e., when a certification needs refreshing).
- Equipment: Status of all individually assigned weapons and gear.
- Psychological Readiness: Non-intrusive sentiment analysis or app-based check-ins to monitor stress, morale, and cognitive load.

An AI would analyze this data to provide a commander with a simple, visual dashboard: "This squad is at 90% combat effectiveness, but Specialist Smith is at 60% due to poor sleep and an expired medical cert, and Sergeant Jones's team is at 75% because their advanced cyber training is 18 months old." This allows for immediate, targeted interventions.

4.2. Predictive Health and Wellness

The military's greatest non-combat cost is often injury. Musculoskeletal injuries, in particular, sideline thousands of soldiers. ML models, fed with data from wearables and physical training logs, can build predictive models of injury. The system could "red flag" a soldier who is over-training or showing biometric signs of an impending stress fracture, allowing for preventative intervention (Van Duren, 2023).

This extends to mental health. By analyzing communication patterns (in anonymized contexts), sleep data, and self-reported stress levels, an AI can identify individuals at high risk for burnout, PTSD, or other mental health crises. This allows chaplains, medics, and leaders to provide support *before* a crisis occurs, preserving the force and saving lives.

4.3. Optimal Team Composition



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Perhaps the most "sci-fi" but operationally critical application is AI-driven team building. A commander has a mission; the AI can help assemble the optimal team to execute it. Going beyond simple skill checklists, the AI could model "super teams" based on complementary skills, cognitive diversity, and even personality compatibility that has been shown to lead to high performance (Weitz, 2022). For a complex cyber-mission, the AI might recommend *not* picking the five best coders, but instead picking three coders, one creative problem-solver, and one highly-structured project manager, as their combined cognitive "fingerprint" is a better match for the mission profile.

5. The "Black Box" in the Barracks - Risks and Ethical Guardrails

This AI-driven future is not a utopia. Its implementation is fraught with profound risks that must be managed to avoid creating a system that is more efficient but less fair, just, and resilient.

5.1 The Scourge of Algorithmic Bias

The most significant risk is bias. AI models are trained on historical data. If that historical data reflects decades of systemic bias—in promotions, assignments, or disciplinary actions against women or minorities—the AI will not only *learn* this bias, it will *amplify* and *institutionalize* it at scale.

"An algorithm is not a neutral arbiter. It is an opinion, embedded in code, reflecting the values and biases of its creators and the data it was fed. An AI trained on a biased past will create a biased future." (O'Neil, 2016)

If an AI learns that "leaders" (based on 30 years of data) are predominantly white males from specific universities, it will "correct" for diversity by flagging candidates who do not fit that profile. This creates a "bias-laundering" system where discriminatory outcomes are masked by the false objectivity of a machine. Mitigating this requires rigorous bias audits, an active "human-in-the-loop" to override flawed recommendations, and the use of explainable AI (XAI).

5.2 The "Black Box" Problem and Explainability (XAI)

How does a commander justify denying a soldier a promotion, or sending one unit instead of another, if the recommendation came from an unexplainable "black box" algorithm? This is the central challenge of XAI. For an AI to be trusted in high-stakes human decisions, it must be able to "show its work." A leader *must* be able to query the system and get a human-readable answer: "Specialist Smith was recommended for promotion because she scored in the 95th percentile on skill X, showed 80% positive team sentiment, and has a latent skill in Y that is a 90% match for the new role." Without this explainability, trust in the system—and in leadership—will collapse (Gunning & Aha, 2019).

5.3. Data Vulnerability and Adversarial Attacks

Centralizing the entire personnel, medical, and psychological profile of every member of the armed forces into one data ecosystem creates the single most valuable intelligence target imaginable for an adversary. A foreign power that could hack this system would gain a complete "order of battle" of the military's human element.

Worse, they could conduct "data poisoning" attacks, subtly manipulating the training data to cause the AI to make catastrophic errors. They could, for example, feed the system false data to ensure that high-potential, diverse candidates are overlooked for promotions, or that soldiers with specific vulnerabilities are assigned to critical roles. The "digital file" of a soldier becomes a new attack surface.



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6. Conclusion

The integration of AI and ML into defense talent management is not a question of if, but when and how. The industrial-age personnel system is broken, and it is failing to prepare the force for the cognitive and technical demands of 21st-century conflict. The "war for talent" is a precursor to any future war, and it is one that cannot be won with legacy systems.

This paper has argued that AI offers a path to a truly optimized human element. It enables a personalized, predictive, and data-driven system that can identify the right talent, train it to mastery, and manage its career in a way that maximizes both individual potential and organizational need. It allows commanders to build a predictive, high-fidelity model of force readiness that treats soldiers as individuals, not as interchangeable parts.

However, this transition is a "dual-use" technology. The same tools that optimize the force can also institutionalize bias and create catastrophic new vulnerabilities. The solution is not to reject the technology, but to embrace it with clear-eyed, human-centric governance. The "human-in-the-loop" cannot be an afterthought; it must be the central design principle. An AI can recommend, but a human commander must decide. The AI's job is to illuminate the data, reveal hidden patterns, and provide options; the commander's job is to exercise judgment, wisdom, and ethical leadership.

The military that masters this synthesis—blending the predictive power of AI with the judgment and moral courage of its human leaders—will not only win the war for talent. It will have built a force that is more lethal, more resilient, and more ready for the complex challenges ahead..

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